

**THE EFFECT OF DRUG ABUSE ON FAMILY BREAK UP IN UGANDA COMMUNITIES. A CASE OF
NABUKALU SUB COUNTY BUGIRI DISTRICT**

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ABSTRACT

The purpose of the study was to investigate the effect of Drug on family Break ups in Nabukalu Sub County in Bugiri District. The study was based on the findings from 260 respondents out of the sample size of 300 respondents. 260 respondents presented results that were accurate basing on the objectives of the study. The objectives of the study were to investigate the proportion of adult population involved in alcoholism in Nabukalu Sub County in Bugiri District, to assess the reasons why people resort to alcoholism in Nabukalu Sub County and finally to identify the different types of drugs used in Nabukalu Sub County in Bugiri District. Data was collected from the residents of Nabukalu Sub County in Bugiri District. The findings of the study in this report showed that majority of the respondents informed the researcher that they do not take alcohol even though the number of those who presented results showing that they consume alcohol. The findings of the study also according to the report revealed that majority of the respondents would take alcohol because of stress and peer pressure and some said that they would drink for fun. Finally, the findings of the study clearly indicated that alcohol was the mostly used drugs in Nabukalu Sub County in Bugiri District followed by Cigarettes, Marijuana and lastly Cocaine. The government of Uganda should also set up strict and working laws that barn any one form consuming, dealing in or selling any drug or material that was harmful to the human body. On the other hand, the retailers who deal in dangerous drugs should also refrain from selling them to children and youths who are under the age of 18 years as recommended by the government.

Key words: drug abuse, family break up and communities

Background of the study

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The history of the human was a records of drug abuse. In itself, the use of drugs did no longer constitute an evil. pills nicely administered become a clinical blessing (Oliver et al., 2023). for instance, herbs, roots, bark leaves have been used to alleviate pain, and help control sicknesses, but over the past few decades, the use of unlawful pills had unfolded at an unheard of and had reached a part of the sector. in keeping with United countries office on capsules and crime (UNODC) document (2018). two hundred people or 1 out of 20 on the age of 16-sixty-five had used a bootleg drug in 2016 which represented a boom of three million over the preceding years (Oliver et al., 2023). This take a look at was carried out in Nabukalu Sub County in Bugiri Sub County. This examine turned into entitled to take a look at the effect of drug abuse at the family split in groups. The examine become performed basing on the objectives which have been highlighted with the aid of the researcher. through the have a look at, the researcher done information collection the usage of statistics contraptions like questionnaires and in a while collected information was analyzed with a purpose to make the researcher understand the findings. in line with Bowen, a family is a system wherein each member had a role to play and rules to respect. individuals of the gadget had been anticipated to reply to every other in a positive way in line with their role, which became determined by means of dating agreements (Mark et al., 2023). Within the obstacles of the gadget, patterns evolved as sure family member's conduct was as a result of and

brought about other own family participants conduct in predictable ways. Preserving the equal pattern of behavior with in a gadget led to balance in the circle of relative's system, however additionally to dysfunction.

the primary key principles of family systems concept blanketed feedback, homeostasis and barriers (Land et, 2013). Most family theory models shared the primary precept of family structures theory that, the person could now not be fully understood, without first understanding how the ones character features of their machine (Jac & Kazaara, 2023). This looks at addressed variables specifically drug abuse as an independent variable and circle of relatives breaks up as a based variable. The theoretical model of the have a look at turned into explained by a modified conceptual in which drug abuse turned into pushed by way of immoderate consuming, use of unlawful pills and drug trafficking family break up as a based variable highlighted home violence, poverty and divorce (Shamim et al., 2023).

Problem Statement

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Drug Abuse changed into a problem that had prevented a high population of people from making plans and fulfilling their roles inside the circle of relatives (fortunate et al., 2023). Many households had misunderstandings for example divorce, failure to provide simple requirements to the own family, youngsters failing to acquire sufficient love from their parents, overspreading of diseases like HIV/AIDS, low degrees of schooling because of failure to pay faculty charges because bread winners

come to be hooked on an extent that work performance and other extra producing sports go on reducing leading to low food manufacturing within the family (Shamim et al., 2023). All this may be solved via averting alcohol, transferring far from peer companies and searching for professional alcohol rehabilitation from the identified fitness establishments which will curb the prevailing instances of circle of relative's ruin because of Drug Abuse inside the own family.

Specific Objectives

- To find out the proportion of adult population involved in Drug Abuse in Nabukalu Sub County in Bugiri District.
- To assess the reasons why people, resort to Drug Abuse in Nabukalu Sub County in Bugiri District.
- To identify the different types of drugs used in Nabukalu Sub County in Bugiri District.

Research Questions

- What is the proportion of adult population that get involved in Drug Abuse in Nabukalu Sub County in Bugiri District?
- What are some of the reasons why people resort to Drug Abuse in Nabukalu Sub County in Bugiri District?
- What are the different types of drugs used in Nabukalu Sub County in Bugiri District?

Methodology

Research Design

The Researcher adopted to a quantitative research design. Quantitative research design was used because the researcher carried out research in Bugiri District Nabukalu Sub County which has a big population. The researcher used quantitative measures like percentages to make it possible to collect data from the respondents.

Study Population

According to Greg Lawrings (2015), population is defined as the inhabitants of a particular place. The study population included the population description and the population sampling design

Table 1: Sample Size

Respondents	Target Population	Sample Size
Residents of Nabukalu Sub County	300	260
Security officers	25	20

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Total	325	280
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The researcher used a sample size of 260 Students and 20 Security officers in all the different villages and schools in Nabukalu Sub County using stratified sampling technique because it was the most effective when handling heterogeneous populations. Respondents from different villages and schools were then selected using simple random technique to make the results are objective.

Research method

Questionnaires

This choice of tool was used due to the fact that the targeted population was literate and therefore capable of filling-in the questionnaires. It gave the respondents adequate time to give well thought out answers. Questionnaires were also be self-administered and provided a quick means of collecting data from a large population's sample.

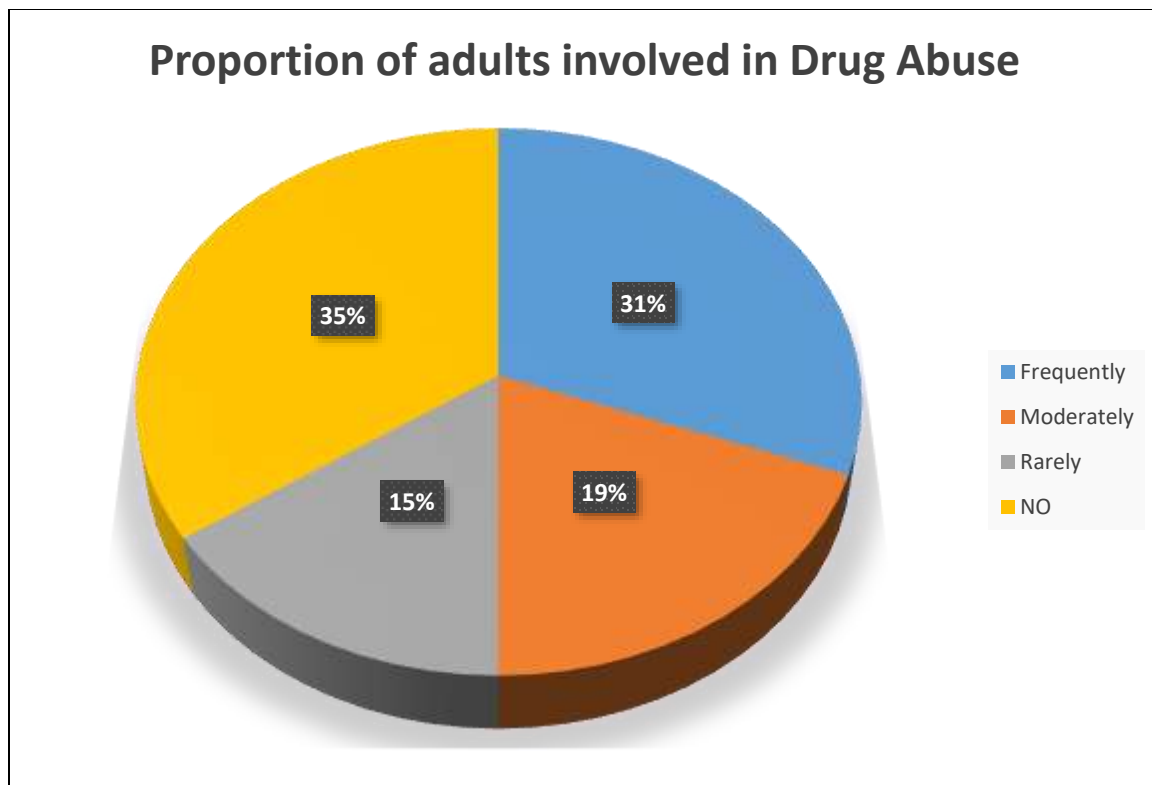
Data Processing and Analysis

Data was processed from the questionnaires that was to be administered to the respondents, the researcher then went ahead and gathered the questionnaires from respondents in order to know the number of respondents who responded to the questionnaires from the sample size that will be used. The researcher then used SPSS to analyze data and present them into percentages on graphs and pie charts to be easily understood (Nelson et al., 2022).

RESULTS

Proportion of adults involved in Drug Abuse

Figure 1: Proportion of adults involved in Drug Abuse



Source: Primary Data 2020

According to the figure 1 above, the findings of the study clearly indicated that 35% of the respondents presented to the researcher results showing that they were not involved in Drug Abuse thus could not use drugs despite other 31% of the respondents however informed the researcher that they frequently took drugs, 15% of the respondents presented results showing that they would rarely take drugs and finally 19% of the respondents informed the researcher that they would moderately take drugs. All these findings were got from Nabukalu Sub County in Bugiri District.

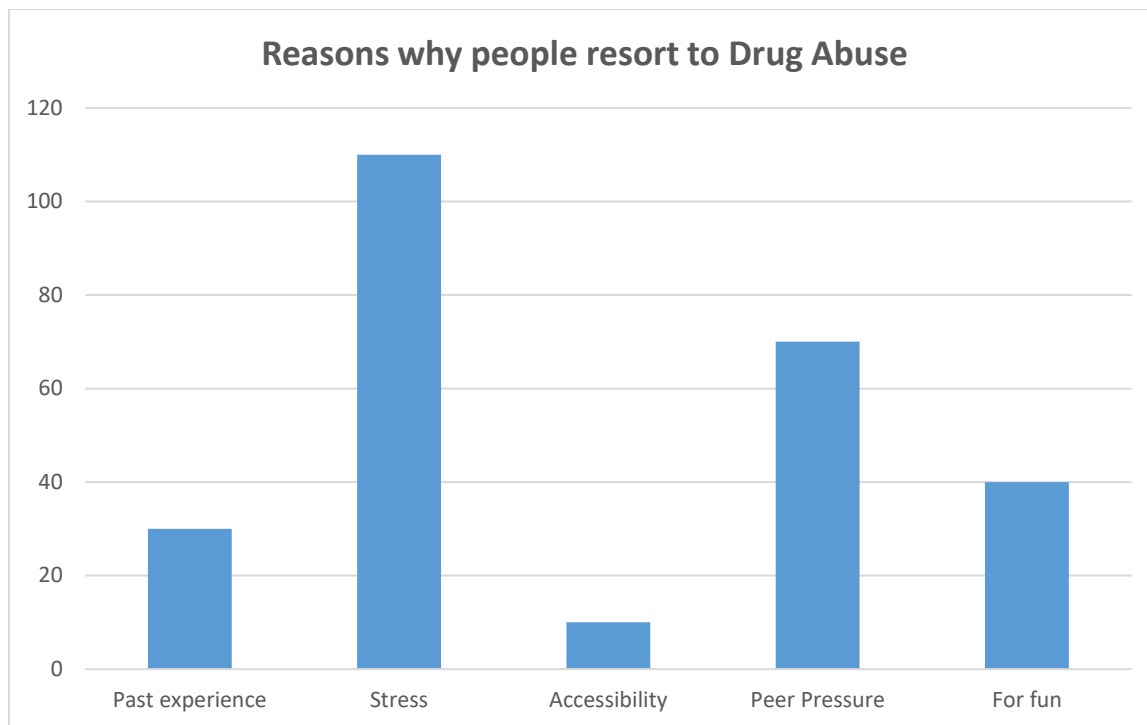
Reasons why people resort to Drug Abuse

Figure 2: Reasons why people resort to Drug Abuse

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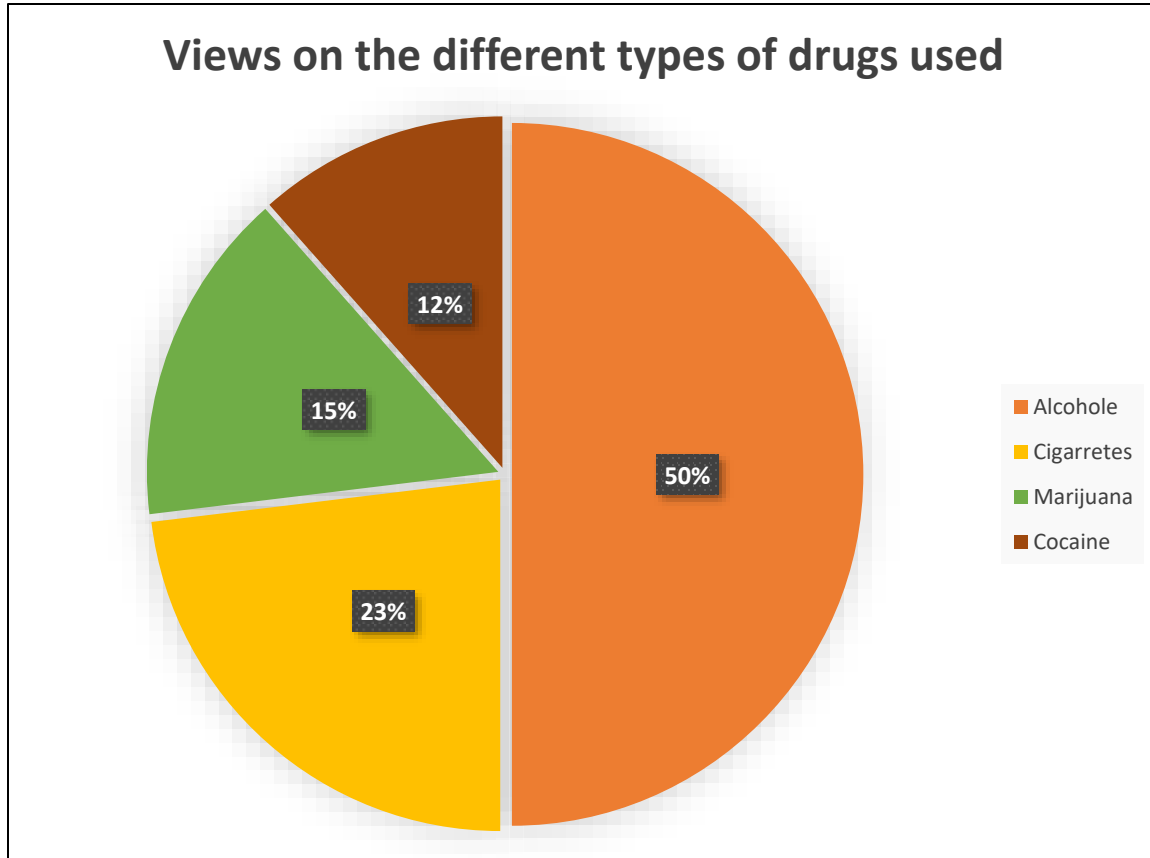


Source: Primary Data 2020

According to the figure 2 above, the findings of the study presented results indicating that 30 respondents informed the researcher that they involved in Drug Abuse because of their past experience followed by 110 respondents and were the majority who informed the researcher that stress was the main reason why they resorted to Drug Abuse despite 10 respondents presented results indicating that they were drinking alcohol because it was accessible to them in the Rural Communities, 70 respondents informed the researcher that they were drinking alcohol because of peer pressure from their friends and finally 40 respondents informed the researcher that they were drinking alcohol just for fun (Derrick et al., 2023).

Different types of Drugs used

Figure 3: Different types of Drugs used



Source: Primary Data 2020

According to the figure above, the findings of the study presented results showing that 50% of the respondents informed the researcher that alcohol is the most common type of drug that is used in Nabukalu Sub County in Bugiri District followed by Cigarettes which according to the researcher it is always consumed by 23% of the population, 15% of the population use marijuana and finally the researcher also discovered that 12% of the respondents informed the researcher that they use Cocaine.

Discussion of findings

This study was conducted in Nabukalu Sub County in Bugiri District. Through the use of random sampling technique, the researcher used a sample size of 300 respondents and data that was collected came from 260

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respondents who presented accurate data in relation to the objectives of the study. Among the objectives of the study, the researcher was to investigate the adult proportion involved in Drug Abuse in Nabukalu Sub County in Bugiri District, to assess the reasons why people resort to Drug Abuse in Nabukalu Sub County and finally to identify the different types of drugs (Mercy et al., 2023). According to the findings of the study, 35% of the respondents presented to the researcher results showing that they were not involved in Drug Abuse thus could not drink alcohol despite other 31% of the respondents however informed the researcher that they frequently took alcohol, 15% of the respondents presented results showing that they would rarely take alcohol and finally 19% of the respondents informed the researcher that they would moderately take alcohol. All these findings were got from Nabukalu Sub County in Bugiri District. The findings of the study also revealed that 30 respondents informed the researcher that they involved in Drug Abuse because of their past experience followed by 110 respondents and were the majority who informed the researcher that stress was the main reason why they resorted to Drug Abuse despite 10 respondents presented results indicating that they were drinking alcohol because it was accessible to them in the Rural Communities (Ronald et al., 2023), 70 respondents informed the researcher that they were drinking alcohol because of peer pressure from their friends and finally 40 respondents informed the researcher that they were drinking alcohol just for fun. Finally, the findings of the study also presented results indicating that 50% of the respondents informed the researcher that alcohol is the most common type of drug that is used in Nabukalu Sub County in Bugiri District followed by Cigarettes which according to the researcher it is always consumed by 23% of the population, 15% of the population use marijuana and finally the researcher also discovered that 12% of the respondents informed the researcher that they use Cocaine.

Conclusions

In conclusion, the findings of the study presented results indicating that majority of the respondents in Nabukalu Sub County informed the researcher that they do not take drugs however the number of respondents who confessed to the researcher that they were addicted was closely related to those that confessed that they do not take drugs and a few respondents informed the researcher that they moderately took drugs.

The findings of the study also presented results indicating that majority of the respondents informed the researcher that they would become addicted to drugs because of stress followed by those who instead informed the researcher that peer pressure was also another factor that would lead them to Drug Abuse however a few respondents presented results indicating that they would take drugs just for fun and some informed the researcher that they would take alcohol just because they would easily access it and low prices.

Recommendations

The government of Uganda should also set up strict and working laws that barn any one form consuming, dealing in or selling any drug or material that was harmful to the human body.

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On the other hand, the retailers who deal in dangerous drugs should also refrain from selling them to children and youths who are under the age of 18 years as recommended by the government.

Lastly but not the least, the administration of Metropolitan international university should revamp the whole research program done by students in partial fulfillment of their requirement for the award of a bachelor's degree.

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